



Melbourne  
Inclusive Church  
*Come as you are.*

# Melbourne Inclusive Church

*Come as you are*



## Walking with God through Pain and Problems

# WALKING WITH GOD THROUGH PAIN AND PROBLEMS



Melbourne Inclusive Church  
14 June 2020

*"<sup>1</sup> I look up to the mountains— does my help come from there? <sup>2</sup> My help comes from the LORD, who made heaven and earth! <sup>3</sup> He will not let you stumble; the one who watches over you will not slumber."*

*Psalm 121:1-3 (NLT)*

*"<sup>6</sup> So be strong and courageous! Do not be afraid and do not panic before them. For the LORD your God will personally go ahead of you. He will neither fail you nor abandon you."*

*Deuteronomy 31:6 (NLT)*

## Three myths about problems

**Myth:** Life should be \_\_\_\_\_  
(John 16:33)

**Myth:** Every problem \_\_\_\_\_

**Myth:** No one \_\_\_\_\_

*"<sup>15</sup> This High Priest of ours understands our weaknesses, for he faced all of the same testings we do, yet he did not sin."*

*Hebrews 4:15 (NLT)*

# WHAT TO AVOID WHEN EXPERIENCING PROBLEMS AND PAIN

**Avoid**\_\_\_\_\_

*<sup>33</sup> He took Peter, James, and John with him, and he became deeply troubled and distressed. <sup>34</sup> He told them, "My soul is crushed with grief to the point of death. Stay here and keep watch with me." <sup>35</sup> He went on a little farther and fell to the ground. He prayed that, if it were possible, the awful hour awaiting him might pass him by. <sup>36</sup> "Abba, Father," he cried out, "everything is possible for you. Please take this cup of suffering away from me. Yet I want your will to be done, not mine."*

Mark 14:33-36 (NLT)

*<sup>1</sup> O God, listen to my cry! Hear my prayer! <sup>2</sup> From the ends of the earth, I cry to you for help when my heart is overwhelmed. Lead me to the towering rock of safety, <sup>3</sup> for you are my safe refuge, a fortress where my enemies cannot reach me."*

Psalms 61:1-3 (NLT)

**Avoid**\_\_\_\_\_

*<sup>1</sup> God is our refuge and strength, always ready to help in times of trouble."*

Psalms 46:1 (NLT)

*<sup>7</sup> Give all your worries and cares to God, for he cares about you."*

1 Peter 5:7 (NLT)

**Avoid**\_\_\_\_\_

*<sup>15</sup> Look after each other so that none of you fails to receive the grace of God. Watch out that no poisonous root of bitterness grows up to trouble you, corrupting many."*

Hebrews 12:15 (NLT)

**Avoid**\_\_\_\_\_

*<sup>8</sup> We are pressed on every side by troubles, but we are not crushed. We are perplexed, but not driven to despair. <sup>9</sup> We are hunted down, but never abandoned by God. We get knocked down, but we are not destroyed."*

2 Corinthians 4:8-9 (NLT)

*<sup>26</sup> Jesus looked at them intently and said, "Humanly speaking, it is impossible. But with God everything is possible."*

Matthew 19:26 (NLT)

### Top 3 problems I'm facing right now:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

*"7 Give all your worries and cares to God, for he cares about you."*

*1 Peter 5:7 (NLT)*

### To Learn to Walk with God Through Problems and Pain:

Attend the Melbourne Inclusive Church Series *(as much as possible)*.

Get connected to a Melbourne Inclusive Church eConnect Group.

Trust God to show me His presence and solutions to my problems.

*"8 The LORD says, "I will guide you along the best pathway for your life. I will advise you and watch over you."*

*Psalms 32:8 (NLT)*

*"1 "Don't let your hearts be troubled. Trust in God, and trust also in me."*

*John 14:1 (NLT)*

*Join us next Sunday 21 June as we continue our series with a look Perspective*

### **My next step today is to...**

- Memorize Psalm 121:1-3
- Attend as much of the "Walking with God through problems and pain series" as I can.
- Get connected to a MIC eConnect Group
- Trust God to show me His presence and solutions to my problems

Melbourne Inclusive Church

<https://www.facebook.com/MICChurch.org.au>

<https://www.michurch.org.au>



YouTube

# WALKING WITH GOD THROUGH PROBLEMS AND PAIN



Melbourne Inclusive Church  
21 June 2020

*"<sup>1</sup> I look up to the mountains— does my help come from there? <sup>2</sup> My help comes from the LORD, who made heaven and earth! <sup>3</sup> He will not let you stumble; the one who watches over you will not slumber."*

*Psalm 121:1-3 (NLT)*

*"<sup>6</sup> So be strong and courageous! Do not be afraid and do not panic before them. For the LORD your God will personally go ahead of you. He will neither fail you nor abandon you."*

*Deuteronomy 31:6 (NLT)*

*"<sup>1</sup> Hear my cry, O God; listen to my prayer. <sup>2</sup> From the ends of the earth I call to you, I call as my heart grows faint; lead me to the rock that is higher than I. <sup>3</sup> For you have been my refuge, a strong tower against the foe."*

*Psalm 61:1-3 (NIV)*

GOD IS NOWHERE

GOD IS NOWHERE

# HOW TO SEE MY PROBLEMS FROM GOD'S PERSPECTIVE

See my problems: \_\_\_\_\_  
\_\_\_\_\_

## **Memory Verse:**

*"<sup>33</sup> I have told you all this so that you may have peace in me. Here on earth you will have many trials and sorrows. But take heart, because I have overcome the world."*

*John 16:33 (NLT)*

See my problems: \_\_\_\_\_  
\_\_\_\_\_

*"<sup>8</sup> "My thoughts are nothing like your thoughts," says the LORD . "And my ways are far beyond anything you could imagine."*

*Isaiah 55:8 (NLT)*

*"<sup>12</sup> Now we see things imperfectly, like puzzling reflections in a mirror, but then we will see everything with perfect clarity. All that I know now is partial and incomplete, but then I will know everything completely, just as God now knows me completely."*

*1 Corinthians 13:12 (NLT)*

See my problems: \_\_\_\_\_  
\_\_\_\_\_

*"<sup>28</sup> And we know that God causes everything to work together for the good of those who love God and are called according to his purpose for them."*

*Romans 8:28 (NLT)*

*"<sup>2</sup> Share each other's burdens, and in this way obey the law of Christ. <sup>3</sup> If you think you are too important to help someone, you are only fooling yourself. You are not that important."*

*Galatians 6:2-3 (NLT)*

See my problems: \_\_\_\_\_  
\_\_\_\_\_

*“<sup>2</sup> Dear brothers and sisters, when troubles of any kind come your way, consider it an opportunity for great joy. <sup>3</sup> For you know that when your faith is tested, your endurance has a chance to grow.”*

*James 1:2-3 (NLT)*

*“<sup>17</sup> For our present troubles are small and won't last very long. Yet they produce for us a glory that vastly outweighs them and will last forever! <sup>18</sup> So we don't look at the troubles we can see now; rather, we fix our gaze on things that cannot be seen. For the things we see now will soon be gone, but the things we cannot see will last forever.”*

*2 Corinthians 4:17-18 (NLT)*

*“<sup>28</sup> Then Jesus said, “Come to me, all of you who are weary and carry heavy burdens, and I will give you rest.”*

*Matthew 11:28 (NLT)*

Join us next Sunday 28 June as we continue our series looking at finding peace in the midst of our problems.

### **My next step today is to...**

- Memorize John 16:33
- Pray and ask God to help me see my problems from His perspective
- Get connected to a MIC eConnect Group
- Get connected with other members of Melbourne Inclusive Church

Melbourne Inclusive Church

<https://www.facebook.com/MICChurch.org.au>

<https://www.michurch.org.au>



YouTube